

# Big Idea: Blowing Bubbles

## How do you make Bubbles?

### A recipe for making your own bubbles at home:

Mix the following ingredients in a bottle:

1/4 cup dish soap

1 cup water

1 teaspoon corn flour

[Source: The Wonder Years](#)

### Oral motor skills:

Children are encouraged to learn how to blow bubbles themselves. Blowing is an excellent way to develop the muscles of the jaw and mouth as it increases muscle tone around the mouth and supports young children to elicit different speech sounds.

### Coordination:

Popping bubbles with their hands, fingers, feet, etc helps children to develop their hand-eye and foot-eye coordination. These early movements are the fundamental skills for catching, hitting, throwing and kicking which are involved in many sports.

### Social and communication skills:

Bubbles are a social tool and support children to develop space and body awareness as they move around and pop bubbles. Children also develop language as they narrate their learning experience and share their observations with others e.g. "Look mum!" as they point to a bubble floating by.

Sources:

[Active Babies Smart Kids](#)

[Nubabi](#)

### Early Years Learning Framework Outcomes:

OUTCOME 1: Children have a strong sense of identity:

1.2 Children develop their emerging autonomy, inter-dependence, resilience and sense of agency

OUTCOME 4: Children are confident and involved learners:

4.1 Children develop dispositions for learning such as curiosity, cooperation, confidence, creativity, commitment, enthusiasm, persistence, imagination and reflexivity