

Learning together...

Curriculum Area: Music and Sensory

Recommended for: 6 months

Learning Activity: Action Songs

Big Idea:

What makes music?

What to do:

These are some of our favourite action songs for children 6 months to 2 years. You might already know some of the tunes, or if you would like a little assistance please see below some links to help you along. If you have any musical instruments at home, you might like to include them in your singing and dancing or perhaps you could try to create your own musical instruments out of things you can find around the house.



“Open Shut Them” (with a twist) | <https://www.youtube.com/watch?v=RNUZBHIRH4Y>

“Rock-a-bye Your Bear” | <https://www.youtube.com/watch?v=yOUNwyumiUQ>

“Hot Potato” | <https://www.youtube.com/watch?v=0v4-eAefurY>

“Heads, Shoulders, Knees and Toes” | <https://www.youtube.com/watch?v=QA48wTGbU7A>

“If You’re Happy and You Know It” | <https://www.youtube.com/watch?v=l4WNRvVjiTw>

“Freeze Dance” | <https://www.youtube.com/watch?v=2UcZWXvgMZE>

Benefits:

- Emergent language skills.
- Listening skills and the ability to follow directions.
- Hand-eye-coordination.
- Self-confidence.
- Social skills.
- Lots of fun, smiles and laughter with mum and dad.

Early Years Learning Framework Learning Outcomes:

Outcome 5: Children are effective communicators

- Children interact verbally and non-verbally with others for a range of purposes.

Outcome 4: Children are confident and involved learners

- Children transfer and adapt what they have learned from one context to another.

Outcome 1: Children have a strong sense of identity

- Children develop knowledgeable and confident self-identities.