

Learning together...

Curriculum Area: Social – Emotional

Recommended for: From 6 months

Learning Activity: Baby Video

Big Idea:

Sense of Identity

What to do:

Record your baby as they play, or as you interact with them. As you watch the video with your baby, it is valuable to observe the way that they engage and respond. Do they recognise themselves? Are they responding with a specific emotion (joy, delight, surprise, concern)?



Photo by Raj Rana on Unsplash 1

Benefits:

Providing opportunities for children to observe themselves, not only creates a sense of wonder, but also fosters a deeper sense of identity. Children also learn how to express and understand emotion through the facial expressions of their caregivers.

Links to Early Years Learning Framework:

Outcome 1.1: Children feel safe, secure and supported

Outcome 1.2: Children develop their emerging autonomy, inter-dependence, resilience and sense of agency

Outcome 3.1: Children become strong in their social and emotional wellbeing

Outcome 4.4: Children resource their own learning through connecting with people, place, technologies and natural and processed materials.

Outcome 5.1: Children interact verbally and non-verbally with others for a range of purposes