

Learning together...

Curriculum Area: Sensory Development

Recommended for: From 6 months

Learning Activity: Making Gloop

Big Ideas:

Edible Sensory Experiences

What to do:

Mix 2 cups of cornflour with half a cup of water. Take a moment to assess if you need more water, adding a little more (Up to an additional $\frac{1}{2}$ a cup) at a time.

When you have the right texture, it is solid with touch and movement (make a ball or snap it into pieces) but will become runny without touch or movement (e.g. will 'melt' through your fingers).

Once dry, gloop is easy to clean and can be vacuumed.

Benefits:

Sensory experiences support the brain's ability to process and make sense of incoming information, a necessary foundation for understanding the world around us, our wellbeing and lifelong learning.

Links to Early Years Learning Framework:

Outcome 4.1: Children develop dispositions for learning such as curiosity, cooperation, confidence, creativity, commitment, enthusiasm, persistence, imagination, and reflexivity.

Outcome 4.4: Children resource their own learning through connecting with people, place, technologies and natural and processed materials.

Outcome 3.1: Children take increasing responsibility for their own health and physical wellbeing

