

Learning together...

Curriculum Area: Sensory Development

Recommended for: From 6 months

Learning Activity: Making Finger Paint

Big Idea:

Edible Sensory Experiences

What to do:

Whisk 4 tablespoons of cornflour with enough tap water for a runny consistency, add boiling water, continuing to whisk. After thirty seconds or so the mixture will become thick in response to the heat. Continue to add small amounts of additional hot water until it reaches the right consistency for play and exploration. This mixture can intentionally be kept a little thicker for use as glue.



Benefits:

- Sensory experiences support the brain's ability to process and make sense of incoming information, a necessary foundation for understanding the world around us, our wellbeing and lifelong learning. In this open-ended experience, children can resource their own learning and express their individuality.

Links to Early Years Learning Framework:

Outcome 41: Children develop dispositions for learning such as curiosity, cooperation, confidence, creativity, commitment, enthusiasm, persistence, imagination, and reflexivity.

Outcome 4.4: Children resource their own learning through connecting with people, place, technologies and natural and processed materials.

Outcome 3.1: Children take increasing responsibility for their own health and physical wellbeing