

*Learning together...*

**Curriculum Area:** Sensory Development

**Recommended for:** 2 years plus

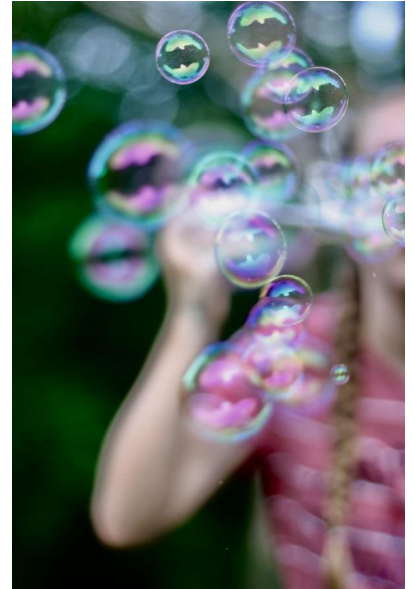
**Learning Activity:** Bubble Blowing

## Big Idea:

Holistic Development

## What to do:

Gently stir 1 cup of water, 2 teaspoons of sugar, and ½ a cup of dishwashing liquid (try not to over-stir or shake). Store in a tightly sealed container. If the mixture isn't working well, add more dishwashing liquid (each brand produces different results). If you don't have a bubble wand, you can make one with a pipe cleaner or experiment with kitchen utensils. Potato mashers, slotted spoons and egg rings work well, as do cardboard paper towel/toilet roll cylinders.



## Benefits:

Bubble blowing offers various benefits for holistic development. This includes:

- Visual tracking skills
- Fine-motor development
- Oral motor skills
- Spatial awareness
- Directionality

## Links to Early Years Learning Framework:

Outcome 4.1: Children develop dispositions for learning such as curiosity, cooperation, confidence, creativity, commitment, enthusiasm, persistence, imagination, and reflexivity.

Outcome 4.4: Children resource their own learning through connecting with people, place, technologies and natural and processed materials.

Outcome 3.1: Children take increasing responsibility for their own health and physical wellbeing