

Learning together...

Curriculum Area: Sensory Development

Recommended for: 2 years plus

Learning Activity: Making Moon Sand

Big Idea:

Edible Sensory Experiences

What to do:

Mix 2 cups of flour, $\frac{1}{4}$ cup of vegetable oil (or safe liquid oil of your choice), and food colouring (if desired) in a bowl.

Benefits:

- Sensory experiences support the brain's ability to process and make sense of incoming information, a necessary foundation for understanding the world around us, our wellbeing and lifelong learning. The open-ended nature of this experience nurtures each child's individuality, as they make their own decisions about how to explore the medium. As the moon sand can be moulded, it also allows children apply creative thinking and express their imagination.



Links to Early Years Learning Framework:

Outcome 41: Children develop dispositions for learning such as curiosity, cooperation, confidence, creativity, commitment, enthusiasm, persistence, imagination, and reflexivity.

Outcome 4.4: Children resource their own learning through connecting with people, place, technologies and natural and processed materials.

Outcome 3.1: Children take increasing responsibility for their own health and physical wellbeing