



*Learning together...*

**Curriculum Area: STEAM**

**Recommended for: Preschool**

**Learning Activity: Food faces**

## Big Idea:

Where is the science in cooking?

## What to do:

While having lunch/dinner, together discuss ingredients that you are using and how you can create a face on the pizza. Ask your child to name the ingredients they are using. Allow your child to grate their own cheese as this develops finger strength. In addition, this can bring in discussions around emotions how are you feeling? Happy/Sad, Grumpy/Angry. Before popping the pizza in the oven ask them to predict what will happen to the cheese and how long they think it will take to cook, set a timer on your phone and check it is cooked.



## Benefits:

Develops creativity, interest in food, prediction, independence and fine motor skills.

## Links to Early Years Learning Framework:

Outcome 3: Children have a strong sense of wellbeing

Outcome 4: Children are confident and involved learners

Outcome 5: Children are effective communicators